

INDICO ALLERGEN SUMMARY

Food Allergens Summary

Name of the dish	Peanuts	Nuts*	Gluten	Milk	Eggs	Fish	Crustaceans	Mollusc	Sesame Seeds	Mustard	Soya	Celery	Sulphur Dioxide	Lupin
Papadam & chutneys			M	✓							✓		✓	
Far far			M								M			
Malai Papri Chat			✓	✓							✓		✓	
Pani Puri			✓								✓		✓	
Bhel Puri	✓	✓	✓								✓		✓	
Gol Gappa Bombs			✓	✓							✓		✓	
Pav Bhaji			✓	✓	✓					✓	✓			
Punjabi Samosa Chat			✓								✓		✓	
Vada Pav			✓	✓	✓					✓	✓		✓	
Aloo Tikki			M	✓							✓		✓	
Aloo Pyaz Ke Pakore			M	✓							✓		✓	
Chilli Paneer			✓	✓							✓		✓	
Lollipop Chicken			✓	M	✓						✓		✓	
Fish Pakora			✓	M	✓	✓					✓		✓	
Chicken 65			✓	M							✓		✓	
Chicken Tikka Bites			✓	M							✓		✓	
Bhai Hot Wings			✓	M							✓		✓	

Add ✓ if the allergen is present in the ingredients or 'M' supplier says it may contain it.

*Almond, Brazil Nut, Cashew, Hazelnut, Macadamia Or Queensland Nut, Peacan, Pistachio and Walnut. **Cereals containing gluten (including wheat, rye, barley and oats)

INDICO ALLERGEN SUMMARY

Food Allergens Summary

Name of the dish	Peanuts	Nuts*	Gluten	Milk	Eggs	Fish	Crustaceans	Mollusc	Seseme Seeds	Mustard	Soya	Celery	Sulphur Dioxide	Lupin
Butter Chicken				✓							✓		✓	
Chef's Special Chicken Taka Tak				✓							✓		✓	
Tandoori Dhaba Chicken				✓							✓			
Mugalai Lamb Roghan Josh				✓							✓		✓	
Paneer Makhanwala				✓							✓			
Daal Makhani				✓							✓		✓	
Makai Palak				✓							✓			
Punjabi Choley											✓			
Katti Meethi Fish Thali			✓	M		✓					✓			
North Indian Thali			✓	✓	✓						✓			
Chef's Specila Thali			✓	✓	✓						✓			
Punjabi Murgh Thali			✓	✓	✓						✓		✓	
Indico Mix Thali			✓	✓	✓	✓					✓		✓	
Vegetable Biryani				✓							✓		✓	
Chicken Biryani				✓							✓		✓	
Lamb Biryani				✓							✓		✓	

Add ✓ if the allergen is present in the ingrediants or 'M' supplier says it may contain it.

*Almond, Brazil Nut, Cashew, Hazelnut, Macadamia Or Queensland Nut, Peacan, Pistachio and Walnut. **Cereals containing gluten (including wheat, rye, barley and oats)

INDICO ALLERGEN SUMMARY

Food Allergens Summary

Name of the dish	Peanuts	Nuts*	Gluten	Milk	Eggs	Fish	Crustaceans	Mollusc	Seseme Seeds	Mustard	Soya	Celery	Sulphur Dioxide	Lupin
Highway Chicken Tikka				✓							✓		✓	
Tandoori Chicken Leg				✓							✓		✓	
Gilafi Seekh Kebab				✓	✓						✓		✓	
Paneer Tikka				✓							✓		✓	
Grilled Chicken Tikka Roll			✓	✓							✓		✓	
Seekh Kebab Roll			✓	✓	✓						✓		✓	
Paneer Tikka Roll			✓	✓							✓		✓	
Dirty Malai			✓	✓	✓						✓		✓	
Double Damaka			✓	✓	✓						✓		✓	
Crunchy Pandey			✓	✓	✓						✓		✓	
Chole Bhature			✓	M							✓		✓	
Chicken Tikka Salad				✓							✓		✓	
Paneer Tikka Salad				✓							✓		✓	
Chana Chat Salad													✓	

Add ✓ if the allergen is present in the ingrediants or 'M' supplier says it may contain it.

INDICO ALLERGEN SUMMARY

Name of the dish	Peanuts	Nuts*	Gluten	Milk	Eggs	Fish	Crustaceans	Mollusc	Seseme Seeds	Mustard	Soya	Celery	Sulphur Dioxide	Lupin
Plain Naan			✓	✓	✓						✓			
Garlic Naan			✓	✓	✓						✓			
Chilli Cheese Naan			✓	✓	✓						✓			
Tandoori Roti			✓	✓							✓			
Steamed Rice														
Bhature			✓	M							✓			
Paratha			✓	✓							✓			
Pav			✓	✓	✓						✓			
Plain Fries			M								✓			
Masala Fries			M							M	✓			
Cheesy Masala Fries			M	✓						M	✓			
Cucumber Raita				✓						M			✓	
Side Salad														
Gulab Jamun	M	M	✓	✓							✓			
Gajar Ka Halwa	M	✓		✓										
Chocolate Brownie	M	M	✓	✓	✓								✓	
Pistachio Kulfi	✓	✓		✓									✓	
Mango Passion													✓	
Dessert Platter	✓	✓	✓	✓	✓								✓	

Add ✓ if the allergen is present in the ingrediants or 'M' supplier says it may contain it.

*Almond, Brazil Nut, Cashew, Hazelnut, Macadamia Or Queensland Nut, Peacan, Pistachio and Walnut. **Cereals containing gluten (including wheat, rye, barley and oats)